Have 7th grade students use this form to interview their parents (or two other adults) about their personal experience of adolescents. This can be part of the Human Sexuality portion of the Physiology block.

1. Did you participate in any “rites of passage” ceremonies or events that acknowledged your transition into womanhood or manhood?
2. Who were your heroes during your teen years?
3. What adult had the greatest influence on you and why?
4. When you were a teen, what did you want to be by the time you were 30? If that didn’t happen, how come?
5. Did one of your parents teach you about the physiological and emotional changes that occur during puberty? If not, who did?
6. What was your favorite part/s about being a teenager?
7. What did you dislike the most about being a teen?
8. When you were a teenager, what made you feel good about yourself? What did you not like about yourself?
9. Are the challenges that face the teenagers of today different than those that you faced when you were a teen?
10. If you could give me one piece of advice about being a teenager, what would it be?